



SWALLOWS NEST

Starters

HALLOUMI BITES (gfo) – 7.00

Served with sweet chilli sauce

PRAWN COCKTAIL (gfo) – 6.50

PERI-PERI CHICKEN WINGS (gfo) – 6.75

PORK BELLY BITES (gfo) – 6.75

Served in a bbq sauce

Mains

COD AND CHIPS (gfo) – 13.75

Served with oven chips and mushy peas

HOMEMADE WELSH STEAK AND ALE PIE – 14.25

Served with oven chips, garden peas and gravy

HOMEMADE WELSH BEEF LASAGNE – 14.75

Served with garlic ciabatta and a side salad

8OZ HOMEMADE WELSH STEAKBURGER WITH BACON AND CHEESE (gfo) – 14.95

Served on a brioche bun, burger sauce, with fries and coleslaw

CHICKEN FAJITAS (gfo) – 15.75

Served with tortilla wraps, oven chips, cheddar cheese, sour cream, lettuce and salsa

THAI RED CURRY (gfo)

Served with basmati rice and naan bread

WITH CHICKEN 15.25

WITH VEGETABLES (VG) 13.25

10oz GAMMON STEAK WITH FRIED EGG AND PINEAPPLE (gfo) – 15.25

Served with oven chips, garden peas and battered onion rings

12" PIZZA; Choose from : Margherita (v) 12.95 | Pepperoni 13.25 | Goats cheese and caramelised red onion (v) 13.95 | Meat Feast 14.25 | Hawaiian 13.95 | Vegetarian 13.25

Specials

BEEF MEATBALLS AND TAGLIATELLE PASTA – 14.25

in a tomato sauce served with garlic ciabatta

VEGETABLE BURGER SERVED WITH RELISH – 12.25

Served on a brioche bun with fries and coleslaw

100Z WELSH RUMP STEAK AND PEPPERCORN SAUCE – 21.95

Served with oven chips, tomato, a side salad and onion rings



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Children's Menu

CHICKEN NUGGETS (gfo) - 6.75

served with fries and baked beans

MARGHERITA PIZZA - 6.75

Baked pizza served with fries and baked beans

SAUSAGE AND MASH - 6.50

Served with garden peas and gravy

PENNE PASTA BOLOGNESE - 6.50

Served with garlic bread

Sides

OVEN CHIPS - 3.25

FRIES - 3.50

ONION RINGS - 3.00

MIXED SALAD - 2.50

GARLIC BREAD - 3.25

CHEESY GARLIC BREAD - 3.75

COLESLAW - 2.20

Desserts

LEMON TART - 6.75

Served with vanilla ice cream and raspberry coulis

WHITE CHOCOLATE AND RASPBERRY CHEESECAKE - 6.75

Served with vanilla ice cream and raspberry coulis

SALTED CARAMEL BROWNIE - 6.75

Served with vanilla ice cream and a berry compote

WARM BELGIAN SUGAR WAFFLE - 6.75

Served with toffee sauce, vanilla ice cream and whipped cream

HONEYCOMB CARAMEL SWIRL ICE CREAM - 2.00

Served in a cone

RASPBERRY RIPPLE ICE CREAM - 2.00

Served in a cone

ICE CREAM 1.85 per scoop -

**Choose from; Luxury Vanilla | Dairy Strawberry | Triple Chocolate
| Mango Sorbet | Vegan Vanilla | Vegan Salted Caramel**

(V) - Vegetarian
(VG) - Vegan
(GFO) - Gluten Free
Option

Our staff are happy to provide allergen guidelines for all our menu items, for more detailed information please speak with a member of the team. We take additional measures when aware of allergies, but as our food is prepared and freshly cooked to order in the kitchen, we cannot guarantee all traces of allergens and gluten are completely removed.